Welcome to

Prague!

12th European Congress of Internal Medicine
(European Federation of Internal Medicine EFIM)
2–5 October, 2013 | Prague, Czech Republic
www.efim2013.org

1st Announcement
INTRODUCTION

Dear Colleagues,

I am privileged to welcome you to the European Congress of Internal Medicine to be held in Prague from October 2–5, 2013. The congress will cover the broad spectrum of topics connected with internal medicine. Before all we are going to focus on cardiovascular diseases, metabolism – diabetes, obesity and cardiometabolic syndrome included endocrinology and new developments in pharmacological treatment in internal medicine. This is an impressive collection of topics but the congress promises much more.

We know how specialized our subspecialties are yet we rarely have the time to enjoy learning about them due to our demanding schedules and hectic lifestyles. The Congress of internal medicine has an obligation to bring the most exciting and relevant topics from these fields, topics which relate to all of us, topics which can only enhance your development as a medical professional.

We guarantee a congress that will deliver as rich an opportunity to improve your knowledge as possible and provide you the chance to discuss topics you are interested in with leading authorities of their fields. Of course, no visit to Prague would be complete without the chance to discover the charm, spirit and beauty of our golden city of Prague.

If you need any additional information, do not hesitate to contact us.

I look forward to seeing you in Prague!

Prof. Richard Ceska, MD, PhD.
President of the Czech Society of Internal Medicine
Congress President EFIM 2013

SCIENTIFIC PROGRAMME

Dear colleagues, networks and groups representatives, it is time for you to think about your contribution to the scientific programme of EFIM 2013!

THE ABSTRACT SUBMISSION WILL BE OPEN FROM 1. 2. 2013

PRELIMINARY PROGRAMME

ESC/CSC/EFIM Joint Session on Cardiology
Chair: D. Wood, R. Ceska
D. Wood (Great Britain): European guidelines – Prevention of CVD
J. Hradec (Czech Republic): European guidelines – Heart failure
P. Widimsky (Czech Republic): European guidelines – Myocardial Infarction

ESH/EFIM Joint Session – Hot Topics in Hypertension I.
Chairs: R. Cifkova, K. Narkiewicz
G. Parati (Italy): Home and ambulatory blood pressure monitoring
K. Narkiewicz (Poland): Obstructive sleep apnea and hypertension
P. Nilsson (Sweden): Hypertension in diabetes

ESH/EFIM Joint Session – Hot Topics in Hypertension II.
Chairs: E. Grossman, C. Farsang
R. Cifkova (Czech Republic): Epidemiology of hypertension
C. Farsang (Hungary): Resistant hypertension
J. Widimsky jr. (Czech Republic): Renal denervation

Rheumatology
Chairs: K. Pavelka, E. Kucharz
E. Kucharz (Poland): Cardiovascular complications in RA
K. Pavelka (Czech Republic): Axial spondylarthritis
J. Vencovsky (Czech Republic): Myositis

EFLM/CSKB/EFIM Joint Session
Clinical Biochemistry – Laboratory Medicine and Internal Medicine
Chairs: I. Watson, T. Zima
T. Zima (Czech Republic): Tumour markes – using in the general practice – screening, monitoring, effectiveness
I. Watson (Great Britain): Aspects of POCT – effectiveness and patients safety
J. Berg (Great Britain): Pathology Harmony; a pragmatic and scientific approach to unfounded variation in the clinical laboratory
IAS/EFIM/EAS Joint Session
100 years after Anitschkow – What have we learned over the last century?
Chairs: L. Tokgozoglu, M. Vrablik
L. Tokgozoglu (Turkey): Atherosclerosis – from Anitschkow to global risk assessment
W. Koenig (Germany): Atherosclerosis – biomarkers, non-invasive and invasive diagnosis
A. Zambon (Italy): Current treatment of HLP/DLP
A. Corsini (Italy): Future and experimental therapy of HLP/DLP

R3i/EFIM Joint Symposium
Residual Risk – What does it mean? How to influence it?
Chairs: J. CH. Fruchart, R. Ceska
J. CH. Fruchart (France): R3i
R. Ceska (Czech Republic): Non pharmacological treatment of children with metabolic syndrome
A. Zambon (Italy): Pharmacological treatment of residual risk

ERA-EDTA/CNS/EFIM Joint Symposium on Nephrology I.
New guidelines for the diagnosis and treatment of patients with chronic kidney disease
Treatment of anemia in chronic kidney disease
Treatment of hypertension in chronic kidney disease
Treatment of dyslipidemia in chronic kidney disease

ERA-EDTA/CNS/EFIM Joint Symposium on Nephrology II.
Targeted treatment in systemic diseases with renal involvement
Rituximab in the treatment of glomerular disease - ANCA-associated Vasculitis, lupus nephritis, membranous nephropathy
Bellimumab in systemic lupus erythematosus
Eculizumab in hemolytic uremic syndrome

Round Table
Opportunities of Internal Medicine in Europe and in the USA
Chairs: P. Conthe & Recent President of the American College of Physicians
P. Conthe (Spain): The role of internists in different setting through Europe
President of ACP: The role of internists in America

Opportunities of Internal Medicine
Chair: P. Conthe
J. G. Alcogia (Spain): Efficient clinical management in Internal Medicine: Measuring quality of care in your IM unit
A. M. Baptista (Portugal): Acute medicine: Internist in emergency room, directing and bedside working with the patient
Speaker TBA: Chronic disease: A multidisciplinary approach, internist collaborating with other specialties in chronic disease, the example of diabetes

New horizons in Lipid Lowering Therapy
Chairs: K. Parhofer, R. Ceska
R. Ceska (Czech Republic): Familial Hypercholesterolemia
K. Parhofer (Germany): PCSK-9 and new directions of treatment of Hypercholesterolemia
M. Bruckert (France): Screening programmes for FH

Pulmonary Hypertension

Pneumology
Chair: V. Kolek
V. Koblizek (Czech Republic): COPD
M. Terl (Czech Republic): Astma bronchiale
V. Kolek (Czech Republic): Pneumonias

Endocrinology: Incidentalomas in Endocrinology
Chair: M. Krsek (Czech Republic)
Thyroid
Adrenal
Hypophysis

Cardiometabolic Risk – Gender oriented
Chair: P. M. Schumm-Draeger (Germany)

Metabolic Syndrome and DMT2
Chairs: D. Dicker (Israel), A. Alice (Israel)
D. Dicker (Israel): Fatty Heart - A new cardiovascular risk factor for the metabolic patient?
E. Grossman (Israel): Hypertension in the obese and metabolic patient, should we treat differently?
M. Rapoport (Israel): Hyperglycemia management in patients admitting internal medicine department – do we know how?

Hot Topics in Internal Medicine
F. Mantero (Italy): Primary aldosteronism – update
Ch. Davidson (Great Britain): Atrial fibrillation
F. Bosch (The Netherlands): The role of ultrasound in the acutely ill medical patient

Main topics in parallel sessions
Stroke
Gastroenterology
Diabetes mellitus
REGISTRATION FEES

<table>
<thead>
<tr>
<th></th>
<th>EARLY until 30. 6. 2013</th>
<th>LATE until 25. 9. 2013</th>
<th>ON-SITE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delegates</td>
<td>525 €</td>
<td>575 €</td>
<td>650 €</td>
</tr>
<tr>
<td>Young Internists (up to 35 years)*</td>
<td>315 €</td>
<td>345 €</td>
<td>410 €</td>
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*Should you apply for this fee, kindly send a scanned copy of any relevant ID as a proof of your age to the congress secretariat: efim2013@guarant.cz or by fax: +420 284 001 448.

The registration fee includes:
- Admission to all Congress Scientific Sessions
- Invitation to the Opening Ceremony and Welcome Cocktail
- Admission to the Exhibition Area
- Congress Bag, Congress Documents, Final Programme
- Free PUBLIC TRANSPORT TICKET (received on-site at the registration desk and will be valid within the dates of the congress)
- Coffee Breaks

ACCOMMODATION

A number of hotels of various categories at special rates are available for participants of EFIM congress. All hotels will be located within a reasonable distance from the Prague Congress Centre. Please visit the website www.efim2013.org for current offers.
PROGRAMME OF EVENTS – OPTIONAL

Reception at Old Waste Water Treatment Plant
Date: Thursday, October 3, 2013
Time: 20:00
Place: Old Waste Water Treatment Plant
Price (early bird): 55 EUR
Transportation: Transfers to and from the Reception will be organized

Reception at Old Waste Water Treatment Plant includes buffet style dinner
The Reception will be held in the Old Waste Water Treatment Plant (former Ecotechnical Museum) a unique building of Czech Industrial Art-Nouveau Style of the beginning of the 20th century. Due to still functional system of treating waste water and well preserved steam engines Breitfeld & Daněk from 1903, the plant was pronounced as Czech National Cultural Landmark. The Plant is a fitting venue for this kind of event as nowadays it serves as a lively meeting place and center of debate and research in various fields which can host up to 550 persons.

COMMITTEES

Executive Committee of EFIM
Maria Domenica Cappellini (President)
Ramon Pujol Farriols (Past President)
Jan Willem F. Elte (Secretary-General)
Faustino Ferreira (Treasurer)
Frank Bosch (President Elect)
Lubos Kotik (Officer)
Serhat Ünal (Officer)
Lenka Bosanska (Young Internists Chair)
Christopher Davidson (President ESIM)
Daniel Sereni (President of the Foundation)
Ugo E. F. Carcassi (Honorary President)

Founder Members of EFIM
Yves Le Tallec, France (deceased)
Ugo Carcassi, Italy
Christopher Davidson, England
Philippe Jaeger, Switzerland
Jaime Merino Sanchez, Spain
Michel Lambert, France

Local Organizing Committee

Richard Ceska
Congress President EFIM 2013
Jiri Widimsky
Miroslav Soucek
Michal Vrablik

Jindrich Spinar
GENERAL INFORMATION

Official Language
The official language of the Congress is English.

Time Zone
The Czech Republic is on Central European Time (CET) – Greenwich Mean Time (GMT) plus 1 hour. From April to October, along with the rest of the CET zone, the Czech Republic observes summer time, i.e. GMT + 2 hours.

Currency and Banking
Czech Crowns are the official currency in the Czech Republic. Foreign currency exchange is available at Prague International Airport and at most hotels, banks and exchange offices throughout the city. International credit cards are accepted for payment in hotels, restaurants and shops. Paying by cash in Euro is also possible in some restaurants and shops.

Czech Language

<table>
<thead>
<tr>
<th>English</th>
<th>Czech</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hi</td>
<td>Ahoj</td>
</tr>
<tr>
<td>Hello</td>
<td>Dobrý den</td>
</tr>
<tr>
<td>Good evening</td>
<td>Dobrý večer</td>
</tr>
<tr>
<td>Good night</td>
<td>Dobrou noc</td>
</tr>
<tr>
<td>How are you?</td>
<td>Jak se máte?</td>
</tr>
<tr>
<td>I am fine</td>
<td>Mám se dobře</td>
</tr>
<tr>
<td>Thank you</td>
<td>Děkuji</td>
</tr>
<tr>
<td>How much is it?</td>
<td>Kolik to stojí?</td>
</tr>
<tr>
<td>Would you like to go for a beer?</td>
<td>Nechceš jít na pivo?</td>
</tr>
<tr>
<td>Beer</td>
<td>Pivo</td>
</tr>
<tr>
<td>One</td>
<td>Jedna</td>
</tr>
<tr>
<td>Two</td>
<td>Dvě</td>
</tr>
<tr>
<td>Three</td>
<td>Tři</td>
</tr>
<tr>
<td>The bill, please</td>
<td>Účet, prosím</td>
</tr>
<tr>
<td>Please</td>
<td>Prosím</td>
</tr>
<tr>
<td>Excuse me</td>
<td>Omluvte mě</td>
</tr>
</tbody>
</table>